

## Summer Retreat 2023

### Community Healing and Solidarity Building

**Date:** 17-20 August 2023

**Location:** Bonn, Germany

The ENAR Network is a network of activists, community organisers, human rights defenders and campaigners working tirelessly to combat structural racism towards an equitable Europe. The nature of the work we do and the energy it requires means that members of our community can face harm, violence, and can reach burn out.

Our Network is at the heart of ENAR's work, and it is one of our strategic objectives to create and sustain diverse safer spaces for members. We want to nurture our Network, and care for the activists and organisations paving the way for radical systemic change in Europe.

ENAR is organising its annual Summer Retreat in 2023 to create a space to centre healing, wellbeing, joy, and liberation in our practice. We will come together and work to undo harm, build solidarity and heal in an atmosphere free from interpersonal and structural violence.

---

ENAR's annual Summer Retreat will bring together anti-racist activists to practice healing, wellbeing, and joy! We will come together and work to undo harm, build solidarity and heal in an atmosphere free from interpersonal and structural violence.

This year we want to go beyond personal healing strategies and focus more on the **power of community** and **connection** in the healing process. We want to facilitate storytelling as a tool for resisting oppression, fostering healing, building a sense of community, and maintaining connectedness.

We want to:

- Create conditions for healing conversations that lead to individual and **collective recovery and wellbeing**.
- Provide **tools for wellbeing** that can be implemented within organisations and community spaces.
- Foster a more authentic **sense of community** and **a sense of connectedness** and **solidarity** across communities.
- Emphasize the core strengths and virtues we hold as communities to support organisational **resilience**.
- Equip human rights activists with **strategies and tools to prevent burnout**, cultivate resilience and promote self-care.

Share with your networks and apply through [Glue Up](https://www.enar-eu.org) till 18 June 2023. Please get in touch with [pia@enar-eu.org](mailto:pia@enar-eu.org) with any questions.

Please make sure that the membership fee for your organisation is paid in order to participate in the Summer Retreat.

**We will prioritise people from racialised communities as trainers and participants at the Summer Retreat. We especially encourage young anti-racist activists to join us.**

---

With the support of the Citizens, Equality, Rights and Values Programme of the European Union, the Open Society Foundations, and the Sigrid Rausing Trust.

FUNDED BY



SIGRID RAUSING TRUST

